

# Moving Toward the Voice of the Water

A Pre-Sabbatical Workshop  
with our Sabbatical Coach,  
David Rynick,

Sunday, November 11  
East Wing

11:45 am – 1:45 pm

Open to all

RSVP 978.448.6307

[office@uugroton.org](mailto:office@uugroton.org)

*“Come join us to begin to explore the possibilities of the upcoming sabbatical and renewal time for us as a congregation and as individuals. What will be choose to make together? Come add your voice and help us create something special!”*

All are welcome and encouraged to attend this event. Child care will be happily provided if requested by Tuesday, November 6.

David Rynick bring many years of experience and training as a professional coach to his work as our Sabbatical Coach. He has created and led numerous professional workshops and classes on leadership, systems thinking, coaching, meditation, diversity, and creativity. He writes, “What most excites me about coaching is supporting, challenging, and empowering people to bring their unique gifts into the world. I want to work with individuals who are eager to continue their learning about themselves so they can bring about the results they truly want to see in the world. I know the challenges of leading people in a way that honors your values and meets performance objectives. As a minister's son, I have made a lifelong inquiry into the sacred. My own spiritual journey, including 20 years of Zen practice and active engagement in the leadership of First Unitarian Church of Worcester, informs my Faith-Based Coaching.” For more information, visit David's inspirational website at [www.rynickcoaching.com](http://www.rynickcoaching.com).